From: charles.gaines@sbcglobal.net

Sent: Friday, March 12, 2010 7:32 PM

To: secretary secretary@cftc.gov

Subject: Public comment on proposed regulations concerning retail Forex trading

Please know that I am against the proposed changes regarding the regulations that govern Forex trading and that would required Forex customer accounts to be subject to a 10-to-1 leverage limitation.

Thank you for your consideration,

Charles W. Gaines