From: lthjr36@comcast.net

Sent: Wednesday, March 3, 2010 9:13 PM **To:** secretary @CFTC.gov>

Subject: regulation of forex trading

Sir:

I stronglly oppose the reduction of leverage for forex trading from 100-1 to 10-1. Such a reduction would severely limit my ability to participate in these market. I alone should be permitted to decide the level of leverage that is appropriate for me.

I also believe that such a reduction would severely limit liquidity and possibly alter and distort trading patterns for these markets.

We do not need further government interference in these markets

Thank you for your attention

Sincerely

Laurence T. Howell