From: Adolfo S. Midence <adolfomidence@yahoo.com>

Sent: Saturday, January 23, 2010 9:18 PM
To: secretary «Secretary @CFTC.gov»

**Subject:** Regulation of Retail Forex

I am opposed to the proposed regulations for retail Forex investors.

I make my living trading currencies, and your proposal would severely limit my ability to trade.

Trading currencies is risky, but so is going to the CASINOS. You may as well propose a limit on bets at casinos as well.

Let us have the freedom to do what we need and want to do with our money.

Thank you.

Adolfo S. Midence Rio Rancho, NM.