From: Alex Guimaraes <alexpguim@yahoo.com>

**Sent:** Friday, January 22, 2010 12:42 PM **To:** secretary <secretary @CFTC.gov>

**Subject:** forex proposed changes

I urge you to stop the proposed changes limiting the leverage in forex trading to a maximum of 10:1. This limitation will hurt all of us small forex traders and anyone trading with a small account.

We don't need "help" from bureaucrats deciding what is best for us, let each person decide how much risk he/she is willing to take, we're grown ups here. If we lose money trading currencies, it is our money we're losing and we can handle it.

Thank you,

Alex Guimaraes, Irvine, California