From: Ben Riddle ben.riddle@plusonetrader.com

Sent: Thursday, January 21, 2010 11:47 AM **To:** secretary@CFTC.gov>

Subject: Regulation of Retail Forex

Dir Sirs,

I wish to express that I am against proposed changes which would lower Forex leverage from 100:1 to 10:1.

Sincerely,

Ben Riddle Plus One Capital, Inc. www.plusonetrader.com ben.riddle@plusonetrader.com 858-248-6086